

MSK INJECTION BOOKING GUIDELINES

MSK INJ SPOTS ARE USUALLY ALLOCATED IN PURPLE – CHECK RESERVES PRIOR TO BOOKING

- Check if patient has had a prior ultrasound performed of the region being injected (we usually require this to be done prior to an injection being performed – if in doubt check patient tree in Comrad to see if this has been performed with us; ask the patient; ask patient to read what's on referral including clinical history; if answer still NO, then we'll need to speak with Sonographers/Radiologist to assess if a diagnostic ultrasound needs to be booked first, then injection.
- Check if the referral requests ultrasound +/- injection, or if an aspiration plus injection is required. (If yes – all must be booked on the same day). Make sure that it is booked correctly by allowing an additional 15mins for scanning as well as taking note that if one Sonographer is running two lists then appropriate measures need to be taken in the 2nd list to allow for the diagnostic US to be performed by not having 2 MSK injections booked in the 2nd list. If unsure check with a Senior Secretary or Sonographer.
- Check if patient is taking any blood thinners. Anything other than Aspirin requires patient to cease meds. Please follow the “ceasing blood thinner guidelines and times” that is provided for back injections. PLEASE NOTE – patient must always check with their own Doctor to confirm that cessation of blood thinners is OK and advise us accordingly. Notes regarding blood thinners and instructions given MUST be noted in patient record in Comrad
- If booking MSK injections on Dr Chug's day (Mondays). Do not book **MSK Joint Injections** for him.
 - If the following joints are requested and the clinical history is for OA - Then **DO NOT BOOK** on Dr Chug days/list as he does not do joint injections for OA
 - Hip
 - Knee
 - Wrist
 - Foot
 - AC joint (Acromioclavicular)
 - Shoulder
 - Also **DO NOT BOOK FOR DR CHUG** if any of the following wording for shoulder injections is listed on referral:
 - Shoulder joint
 - Glenohumeral joint
 - Intra-articular
 - Frozen shoulder
 - Adhesive capsulitis
 - Hydrodistention
 - Any hip or shoulder injection referral that says “bursitis” is almost certainly not going to be a joint injection and therefore these can be booked for Dr Chug to do.

AS ALWAYS, NOTES IN PATIENT RECORD ARE TO BE MADE SO THAT EVERYONE IS AWARE OF WHAT HAS BEEN INSTRUCTED/ADVISED.